



# BLESSED SACRAMENT PARISH FUNERAL LUNCH VOLUNTEERS' NEWSLETTER

May 2022

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### PRAYER CORNER

For the month of May, let's say a prayer each morning for all of the Mothers, Grandmothers and Great-grandmothers, the Godmothers, Aunts, Sisters, Teachers, and Nurses, as well as all of those women who look after and lovingly care for the children in our midst.

*"Dear Lord and Creator, please continue to shower these loving and mothering women with blessings as they go about their daily lives, committed to the example of love and caring, which comes to all of us through Jesus Christ, your Son."*

**Amen.**

Hi Everyone!

These last few weeks of April have been pretty sad, weather-wise. But, take heart! Soon, we'll be brushing away those webs between our toes, packing up our raincoats and duck boots, and looking for flip flops, T-shirts and shorts! The "Never-ending Winter" is over (I hope!). It's time to start thinking about walking outside, planting flowers, tomatoes and other goodies in the garden! After all, it is May and we are ready for warmer days and cool nights!

Don't forget: this is the month that we honour all of the Mothers, Grandmothers, Aunts, Sisters, Godmothers, and Great-grandmothers. Where would we be, without our Mothers? Bought gifts are far less important than gifts of time! A leisurely visit, with a time for reminiscing about childhood activities and stories of growing up, fill a Mother's heart with joy!

As Mothers, maybe it would be fun to jot down a few stories about your kids and what shenanigans they got up to as children or teenagers. A little booklet would be a good memory for them as they get older!



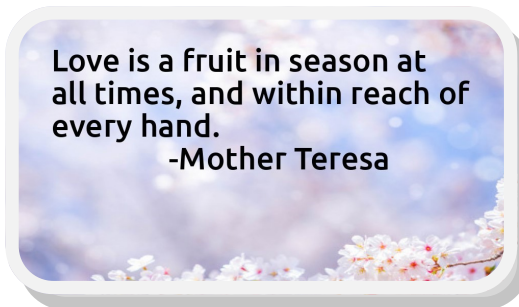
Once again, we'd like to give you a heads-up to let you know that we won't be putting out a newsletter for July and August. Our June edition will be the last for a couple of months.

Chris and I will be lounging on a beach\* somewhere or sitting with our noses firmly attached to a good book. We might even do a few short trips (and not just to SuperStore)!

*\* Unlikely! Carol has obviously lost her mind! — Chris*



Love is a fruit in season at all times, and within reach of every hand.  
-Mother Teresa





Peggy Broderick was well-known and well-loved at Blessed Sacrament. Peggy was the person who really believed in the Ministry of Hospitality in our Church.

In the early 1980s, when the older ladies of the Parish decided that they had to give up preparing and serving Funeral Lunches, Peggy rolled up her sleeves and gathered a large group of newly-retired ladies and men and formed the Funeral Lunch Committee.

At that time, she also looked around Transcona and decided that there were many seniors, living lonely lives in their homes, who were lacking interaction with their neighbours and friends. She and a group of Parishioners thought that a Spring event, like a Tea, would lift everyone's spirits after a long and dreary winter.

Peggy and her helpers decided to call it the "St. Patrick's Day Tea." This gathering was very popular and included entertainment by the

(in)famous singing group," The Saints and Sinners." The group not only sang many "Golden Oldies", but they put on skits and spoofs. Everyone had fun!

Peggy loved the St Pat's Day Teas. She and her group prepared a lovely lunch and even put little table gifts at every plate. What a lot of work it was, but everyone followed Peggy's lead and cheerfully baked, set tables, served food, coffee and tea, and made sure that everyone was well looked after. When the large group had left, cleanup began and again, Peggy was in the midst, laughing and praising everyone for their help.

Norma Richard was a great friend to Peggy and had told me that although Peggy had struggled with health issues, she had an amazing sense of humour, that always made visits fun. Norma told about Peggy saying that as a girl of 12, she contacted Diphtheria and wasn't expected to last the night. "But,"

said Peggy, "I'm still here! I'm in my late eighties and I'm still here!" Peggy loved when Norma would visit and they would sit with a cup of tea and Peggy would reminisce about her youth, spent in Ireland, her early days in Transcona, and the growth of our Parish.

Mary Gottfried and I were talking and remembering how Peggy was always so friendly and would think nothing of walking up to newcomers in the Church and befriending them. Mary thought that it was so appropriate that Peggy passed away on Good Friday.

Mary remembered Peggy getting up and speaking from the Ambo, after the elderly ladies of the Parish were unable to prepare Funeral Lunches anymore, and she made such a heart-felt appeal, asking for help to keep the Ministry going, that a large number of people stepped forward.

Peggy's sincerity and kindness were outstanding.

This little poem seems to sum up the essence of Peggy Broderick since she did all of these generous acts.

*Bring love and friendship wherever you go,  
Shine light and have fun whenever it's dark,  
Leave blessings wherever you've been,  
Always be kind, wherever you are.*

Thank-you for your loving care for all of us, here at Blessed Sacrament, Peggy!

Rest well in the Love of God.

From our Recipe Box, courtesy of the Internet:

## HOW TO CLEAN AND DEODORIZE A SMELLY WASHING MACHINE



This is not strictly a recipe, but a very effective solution to this problem

### Cleaning Cycle:

Chlorine bleach

### Deodorizing Cycle:

White vinegar

### Directions

#### \* Clean Seals, Gaskets, Dispenser

- Use cleaning wipes or your preferred cleaning/disinfecting product.

#### \* Sanitizing, Sterilizing and Removing Bacteria, Mould and Mildew

- Set the wash cycle to "white fabric" or "hot".
- Add **4 cups** (1 quart) of chlorine bleach to a **top loading** washing machine or **2 cups** to a **front loader**.
- Don't add any other cleaning solutions to the hot water; **NO VINEGAR**.
- Let the tub fill and stop the wash cycle once the agitator has mixed and splashed the bleach and water solution around. *You can usually stop the cycle by pulling out the knob, or by hitting pause.*
- Let the hot water and bleach sit for 30 minutes or so.
- Start the load back up (*push in knob or press start*) and make sure to set the wash for a second rinse to remove any traces of bleach residue that may remain.

#### \* Deodorizing any Remaining Smell

- Set the wash cycle to "white fabric" or "hot".
- Add **4 cups** (1 quart) of plain white vinegar to a **top loading** washing machine or **2 cups** to a **front loader**.
- Don't add laundry detergent or other cleaning solutions; **NO BLEACH**.
- Let the tub fill and stop the wash cycle, as you did for the bleach cycle, once the agitator has mixed and splashed the vinegar and water solution around.
- After 30 minutes, start the load back up and let the washer finish its cycle.



**Do you enjoy Sudoku?** If you haven't played before, here are the rules:

- Every square has to contain a single number
- Only the numbers from 1 to 9 can be used
- Each 3×3 box can only contain each number from 1 to 9 once
- Each vertical column can only contain each number from 1 to 9 once
- Each horizontal row can only contain each number from 1 to 9 once.

7	6					1	4
			3	2	6		
		8		3		9	
			2		5		
	4		9		7		8
1	2						3
9	7						6
			4		2		

### Note:

*I was looking for something small to fill the last remaining space, and thought that a puzzle might be something you'd enjoy. Please let us know if you'd like these to continue, or if you'd rather "not see it ever again!" ~ Chris*

# Silly Spot

Daughter: Mom, what's it like to have the Greatest Daughter in the world??

Mom: I don't know, Dear—you'll have to ask Grandma.

A little girl asked her Mother, "How did the human race appear?"

Mom answered, "God made Adam and Eve and they had children and thus was all mankind made."

Two days later, the little girl asked her Father the same question.

Dad answered, "Many years ago, there were monkeys and the human race evolved from them."

The confused girl returned to her Mother and said, "Mom, how is it possible that you told me that the human race was created by God, but Dad said the human race came from monkeys."

The Mother answered, "Well Dear, I told you about my side of the Family and your Father told you about his!"

Mother: I have the perfect son.

New neighbour: Does he smoke?

Mother: No he doesn't.

New neighbour: Does he drink whiskey?

Mother: No he doesn't.

New neighbour: Does he ever come home late?

Mother: No, never!

New neighbour: I guess you do have the perfect son. How old is he??

Mother: 6 months!

Silence is golden. Unless you have kids - then it's suspicious!

My Mother's menu consisted of two choices:

Take it or leave it! — *Buddy Hackett*

You know you're a Mom when you understand why Mother Bear's porridge was cold.

## Our closing thoughts ...

Chris and I have both been dismayed by this extended bout of dreary weather, but we're hopeful that May will be a fantastic month, full of sunshine and heavenly weather! We'll leave you with these wishes:

May you be happy

May you be well

May you be safe

May you have strength

May you have courage

May you find healing

May you have peace

May you have joy

May you be filled with loving kindness

May you be blessed for all of this May and forever!

That's all for now, but let's continue to pray for each other and to keep in touch as much as possible!

*Carol Engstrom and Chris Klassen*

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